

Instructions for EGD (Esophagogastroduodenoscopy)

Please read all instructions carefully:

Diet restrictions:

- You may eat and drink like normal the day before your procedure – there are no dietary restrictions.
- Stop eating and drinking completely at midnight, including water. At midnight, you must STOP eating and drinking fluids, including water.

Medications:

- You **MAY** continue to take aspirin and anti-inflammatory medications (including Ibuprofen, Advil, Aleve, Motrin, etc.)
- If you take any prescription blood thinners (I.e., Coumadin, Warfarin, Eliquis, Brilinta, Xarelto, Plavix, Clopidogrel, etc) and you did not already notify our office, please call our office @ 616-452-7099. We must know if you are on a blood thinner as it may affect your procedure.
- Medications prescribed for your heart, breathing, blood pressure, or seizure may be taken the morning of your procedure with a small sip of water. (Must be taken 3 hours prior to procedure)
- GLP1 medications (Trulicity, Mounjaro, Wegovy, Ozempic, etc) must be stopped prior to your procedure. (If taken weekly, must stop 1 week prior. If taken daily, must stop 1 day prior.)
- Marijuana use is prohibited the morning of your procedure. It affects the efficacy of the anesthesia.
- Please contact your prescribing doctor before stopping any medications.

Driving Restrictions:

- **You must have a driver stay with you for the duration of your procedure.** You will not be permitted to drive yourself home as you will be administered anesthesia. Plan to spend at least 3 hours at the facility. Your procedure will be cancelled if you do not have a driver to stay with you the entire time.
- You may resume driving the morning after your procedure.

Cancellation Policy:

- The GI doctor, nursing staff, and anesthesia providers have reserved your appointment time just for you. Therefore, you will be charged a cancellation fee of \$150 if you cancel or reschedule your appointment within 3 business days of your scheduled procedure.
- If you do not show up for your procedure, you will be charged a \$150 no-show fee.
- As a courtesy, our office will attempt to reach you one week prior to your procedure to obtain a verbal confirmation. If you do not hear from us, you are still responsible for contacting our office to confirm your procedure. If we do not receive a **verbal confirmation** 72hrs before your procedure, your procedure will be cancelled and there will be a \$150 fee.
- You may also call our office starting 1 week ahead of your procedure to confirm @ 616-452-7099 and press option 1. You may receive additional calls from the facility you are scheduled with. *However, you must speak to someone within our office to be confirmed, cancelled, or rescheduled.*

Insurance coverage:

- It is your responsibility to call your insurance company to see if authorization is needed and if your procedure is covered.
- Please be aware you may receive a bill from us, the facility, pathology, or anesthesia.