

Items needed for your SUTAB® Colonoscopy prep:

SUTAB® prep (provided via prescription) – any additional clear liquids



SUTAB® is a total of 24 tablets required for complete prep. You will take the tablets in two doses of 12 tablets. Water must be consumed with each dose of SUTAB®, and additional water must be consumed after each dose.

Upon waking up in the morning (the day prior to your colonoscopy), you will start a clear liquids diet.

No solid food.

<u>DOSE 1</u> The day BEFORE Colonoscopy (Around 3PM)	Step 1	<ul style="list-style-type: none"> Open 1 bottle of 12 tablets
	Step 2	<ul style="list-style-type: none"> Fill up the provided container with 16 ounces of water (up to fill line) Swallow each tablet with a sip of water and drink the entire amount of water over 15-20 minutes
	Step 3	<ul style="list-style-type: none"> Approximately 1 hour after the last tablet is ingested, fill the provided container again with 16 ounces of water, and drink the entire amount over 30 minutes.
	Step 4	<ul style="list-style-type: none"> Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 ounces of water and drink the entire amount over 30 minutes. <p style="text-align: right;"><i>*Continue clear liquids</i></p>
<u>DOSE 2</u> At least 4 hours after dose 1		<ul style="list-style-type: none"> Open second bottle of 12 tablets Repeat STEP 2 through STEP 4 from Dose 1. <p style="text-align: right;"><i>*Nothing to eat or drink after midnight</i></p>

Clear liquid diet list:

- Gatorade, Powerade, Pedialyte, Smart Water
- Broth or Bouillon (no noodles, meat, or vegetables)
- Coffee or Tea (no milk or creamer)
- Carbonated or Non-Carbonated soft drinks
- Kool-Aid or Fruit Flavored Drinks (no red or purple)
- Jell-O or popsicles (no red or purple)

***Please avoid:** Alcohol, dairy products, noodles or vegetables in soup, liquids you CANNOT see through.